

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ben Gouws**

Has successfully participated & completed the  
**20km Sondela MTB 2019 - Friday Only**  
held at Sondela Nature Reserve.

**TIME 01:53:15**

**PACE 10.60km/h**  
**OVERALL 45 of 49**

**GENDER 18 of 19**  
**ELITE 6 of 5**

29 November 2019, Fri

Date



*BoutTime*

Signature

